

END VIOLENCE TOGETHER

For The Dignity Of Every Woman

SIGNS OF RELATIONSHIP ABUSE

It is abuse if the person you are in a relationship with:

- Threatens to hurt you or himself/herself if you say you want to end the relationship
- Stops you from seeing a doctor
- Stops you from having any access to money or knowledge of finances
- Tells you how you should dress and do things
- Causes you to be afraid to disagree or say 'no' to anything
- Scares or hurts you by being violent to your pet, hitting, choking, smashing things, locking you in, driving dangerously to frighten you.
- Forces or pressures you to do sexual things that you do not want to do
- Tries to stop you from seeing your friends or family
- Accuses you of flirting with others when it is not true
- Embarrasses, humiliates or put you down constantly

Violence can be physical, sexual, verbal, psychological, financial and other forms of control and abuse of power.

Abuse can happen to anyone. No one deserves to be abused.

Sources:

1. www.wavaw.ca
2. www.pcar.org
3. www.acar.org
4. www.vnetwork.org
5. www.proiectpave.org