

Early Childhood Activity Calendar

FREE Activities for ages 0 - 6 years in the Williams Lake Area

February 2015

ACTIVITY	DATE	LOCATION	TIME	CONTACT
Friday February 20, 2015 StrongStart closed for PRO D Day				
Strong Start Early Learning <i>Parent Participation</i> Ages 0-5 years	Mon - Fri Mon - Fri Mon - Fri Monday Tuesday/Thursday Wednesdays	Marie Sharpe School Cataline School Mountview School Alexis Creek School 150 Mile School Horsefly School	9 am - 12 pm 9 am - 12 pm 8:30 am - 11:30 am 9 am - 12 pm 8:30 am - 11:30 am 9 am - 12 pm	250-398-3843 250-392-7154 250-392-7344 250-394-4346 250-296-3356 250-620-3438
Chilcotin Road Playgroup	Thursdays	Chilcotin Road School	10:00 am - 11:30 am	250-398-3839
Wildwood Playgroup	Wednesdays	Wildwood School	9:00 am - 10:30 am	250-398-3839
All Ages Story Time Drop In <i>(children under 3 must bring a parent)</i>	Wed and Fri.	CRD Public Library	10:30 am - 11:15 am	CRD Library 250-392-3630
Rhyme & Roll Drop In	Thursdays	CCRR Boardroom	10:00 am - 11:00 am	CCRR 250-392-4118
Lift the Lip Clinic	First Tuesday of the Month	Interior Health	Contact Interior Health	250-302-5030
Prenatal Breastfeeding	Contact Interior Health	Interior Health	Contact Interior Health	250-302-5000
Breastfeeding Classes	Call Pregnancy Outreach Program	Pregnancy Outreach Program	Call Pregnancy Outreach Program	250-392-3583
Infant Massage	Tuesdays	Pregnancy Outreach Program	1:00 pm - 3:00 pm	250-392-3583
Postnatal Classes	Call Pregnancy Outreach Program	Pregnancy Outreach Program	Call Pregnancy Outreach Program	250-392-3583
Prenatal Classes	Call Pregnancy Outreach Program	Call Pregnancy Outreach Program	Call Pregnancy Outreach Program	250-392-3583
Moms Group	Wednesday's	Pregnancy Outreach Program	10:30 am - 11:30 am	250-392-3583
Prenatal Yoga 2-3 kids welcome <i>Please bring mat if you have one</i>	Call Pregnancy Outreach Program	Pregnancy Outreach Program	Call Pregnancy Outreach Program	250-392-3583
Food Skills for Families	Begins February 24	Pregnancy Outreach Program	Call Pregnancy Outreach Program	250-392-3583
Free Swim Infant Development worker in water	Wednesday's	Cariboo Memorial Complex	12:00 pm - 1:00 pm	250-392-3583
Tumble & Play	Sat. Feb. 7,14,21,28	Marie Sharpe	10:00 am - 11:30 am	250-398-7665



Tree of love—Handprint craft

Trace around your child’s hand and arm. Print his/her name with positive comment on the trunk. Make the leaves with different sized heart shaped cookie cutters dipped in paint

**Anti-bullying day
February 25. 2015**



Traditional Squirty Snow Paint

- food colouring or liquid water colour
- water
- squirt bottle

Scented Squirty Snow Paint

- kool-aid packets
- water
- squirt bottles

I HAD A BOX OF CRAYONS

I had a box of crayons,
All shiny, straight and new.
I lent a friend one crayon,
And-- oops—it broke in two!
My friend said she was sorry.
But I said “I don’t care,
`cause now we both can colour
with one crayon—we can
share!’

FAMILY CRAFT TIME Saturday February 14, 2015
CRD PUBLIC LIBRARY 10:30 to 11:45 am
 Free Valentine’s Crafts Time (Preregistration required, 5 & under parent participation required)
Call 250-392-3630 or wlake@cariboord.ca

FAMILY DAY
 February 9, 2015
 Looking for Family Day Ideas? Join in the fun at the complex!



- Feb. 2** – Thoughts: Ideas that result from thinking
- Feb. 9** – Actions: What you do or cause to happen
- Feb. 16** – Feelings: Emotions such as anger, fear, and love
- Feb. 23** – Friendship: Caring between two people that choose to be together

Ready, Set, Learn

Ready, Set, Learn is an opportunity for preschoolers and their parent/caregiver to visit their future school for fun activities and tips on early learning. Starting in February, guest speakers will discuss healthy early childhood development. Parents are a child’s first and most important teacher. Come and learn ways you can support your child’s learning. Call 250-398-3839 for more info.

READY, SET, LEARN SCHEDULE:

- Alexis Creek** Feb, 2, 16, 23 Monday mornings
- Mountview** Feb 3, 10, 17, 24 Tuesday mornings
- Horsefly** Feb 4, 11, 18, 25 Wednesday mornings
- Marie Sharpe** Feb 4, 11, 18, 25 Wednesday mornings
- Nesika** Feb 11, 18, 25 Wednesdays 2:30 - 3:30
- Wildwood** Feb 11, 18, 25 Wednesdays 9:00 -10:30
- Cataline** Feb 5, 12, 19, 26 Thursday mornings
- Chilcotin Road** Feb 12, 19, 26 Thursdays 10:00 - 11:30
- 150 Mile House** Feb 12, 19, 26 Thursday mornings

CCRR Memberships are only \$30.00 per year for toy, book and equipment lending!